



Support Groups

Please [register](#) before attending a support group meeting.

Family Support Groups

Online

Tuesdays at 6 pm - Faith-Based Family Support Group

1st and 3rd Tuesdays at 7 pm - North Harris County & Waller County Family Support Group *Temporarily suspended

1st and 3rd Tuesdays at 7 pm - Bay Area Family Support Group

2nd and 4th Tuesdays at 7 pm - Midtown-Museum District Support Group

2nd and 4th Wednesdays at 6:30 pm - Montgomery County Family Support Group

2nd and 4th Thursdays at 6:30 pm - Fort Bend County Family Support Group

In-Person

1st and 3rd Wednesdays at 6:30 pm - Trinity Episcopal Church
3901 S Panther Creek Drive The Woodlands, TX 77381

2nd and 4th Tuesdays at 7:00pm - Faith Lutheran Church
4600 Bellaire Blvd, Bellaire, TX 77401 Room #306 (inside the Faith Center / Church Gym)

4th Wednesdays at 6:30 pm - Hope and Healing Center
717 Sage Rd, Houston, Texas 77056 Room #103
Please sign in when you arrive for the support group meeting.

2nd & 4th Wednesday - 6:30 pm - Tomball Community Center
221 Market St, Tomball, TX 77375 - Room B
North Entrance - Old Side of Bldg.

SPANISH/ESPAÑOL

3er martes del mes a las 6:30 pm - The Harris Center
9401 Southwest Fwy, Houston, TX 77074
Room/Cuarto #109

Connections Support Group

Online

Mondays at 7 pm - Faith-Based Online Connections Support Group

2nd and 4th Tuesdays at 7 pm - Harris/Montgomery County Online Connections Support Group

In person

Wednesdays at 7 pm - PEERS for Hope House Connections Support Group
5518 Jackson St. Houston, TX 77004. Please sign in when you arrive to the support group.

Healing Circles

Healing Circle for Grief

Tuesdays at 6pm

Faith-Based - St. John's Downtown Grief Group for Adults (virtual)

Mental Wellness Support Group Healing Circle

Tuesdays at 3:30-5pm

September 26 - November 7, 2023

In-person Healing Circle located at Plymouth United Church.