

The year 2020 brought with it unforeseen challenges for all. NAMI-GH is fortunate to have been able to step up and reach out to our NAMI community with care and support.

As our changing social norms compelled us to innovate our ways of operation, our goal in 2020 was to survive, thrive and revive those struggling with the stresses of 2020.



EDUCATION

210 Education Program Graduates

32 Teachers

16 Education Programs



SUPPORT

1781 Support Group Participants

21 Family & Peer Support Groups

2405 Warm Line Calls

15 Warmline Specialists



ADVOCACY

3714 Reached through advocacy

1052 Presentation Attendees

2662 Reached at Walk Events



SEA Center Expansion

With support from BeyGood Foundation, we were able to expand our SEA Center, with a full time SEA Center Manager, better equipment and all working hour shifts covered. Reaching 800 calls on average per week.



Learning Communities

Rolled out Learning communities of teachers & facilitators as platforms to connect, reflect & share their wisdom. Meet monthly to discuss case studies, reflect on personal journeys & take care of each other 😊



Care Outreach Initiative

Pro-active reach out to NAMI-GH alumni and partners through well designed survey followed up by care calls. 957 calls made to provide support to individuals & families facing COVID specific stressors



Going Virtual!

Moved all support groups & classes online due to the pandemic. Continue to hold around 60 virtual sessions each month as part of our online programs.



Impact & Evaluation Strategy

Concerted effort to understand our impact by better evaluating programs. Rolled out reflection surveys for class participants to understand deeply their journeys and NAMI's impact on their life.



NAMI WALK 2020

WALKYOURWAY 2020 was an entirely virtual event. Turnout of 1865 on pre-walk events and 800 on Walk day. Raised \$174k through individual and organizational donors.