



NAMI Connection Recovery Support Group is a free, 90-minute peer led support group for adults living with mental illness. You will gain insight from hearing the challenges and successes of others, and the groups are led by NAMI trained facilitators who've been there.

Every Thursday 7:00pm	Northeast	First United Methodist Church 800 East Main St., Humble 77338	Barbara Savage (713) 376-8524 cloverleaf7711@yahoo.com
1st Tuesday 7:00pm	North	Tomball Community Center 221 Market St., Tomball 77375 (in the library)	Lana Hand (281) 376-5368 fehandjr@msn.com
2nd & 4th Tuesday 7:00pm	Central	St. Paul's United Methodist Church 5501 Main St., Rm J-202, Houston, TX 77004	Tommy Fruge (409) 550-0538 Glenda Luco (832) 431-8337
Thursdays, weekly 10:30am	Southwest	The Gathering Place (TGP), 713-729-3499 5310 Willow Drive, Houston, TX 77035	Carl Dunn (832) 628-5600 Must be member of TGP to attend